

DEVELOPING EMOTIONAL INTELLIGENCE

Emotional intelligence corresponds to workplace success. In customer service jobs, people with strong emotional intelligence skills are more attuned to customers' needs and provide better service. In managerial jobs, people with strong emotional intelligence skills are more receptive to employees' needs and make more effective team leaders, coaches, and supervisors.

## SEMINAR TOPICS INCLUDE THE FOLLOWING:

- · Deeply understand emotional intelligence
- Take a valuable online emotional intelligence appraisal
- Evaluate your current level of emotional intelligence
- Receive a report with actions for increasing your emotional intelligence
- Learn strategies to increase your self-awareness and self-management and increase your skills in social awareness and relationship management

- · Learn how to deal with emotions intelligently
- Understand how your emotions affect others and how their emotions affect you
- Overcome personal beliefs that might be holding you back
- · Change the way you think about success
- Understand how emotional intelligence corresponds to workplace success

The seminar employs a balance of content and process and a blended approach to learning. This involves experience-based learning, brief lecture, and small and large group conversations. Methodologies are highly interactive and address different learning styles. Group process exercises and presentations are offered to maximize individual and group learning.

## **DATE:**

8:30 a.m.-4:00 p.m. Wednesday, February 18, 2026

## LOCATION:

Santa Fe Woman's Club 1616 Old Pecos Trail, Santa Fe, NM

**COST:** \$199

(Includes emotional intelligence book with appraisal)

## **SEMINAR INSTRUCTOR:**

**David Markwardt** owns David Markwardt Consulting, LLC and is the facilitator for many programs in Santa Fe, including The Executive Leadership Institute, The Essentials for Supervisors Program, The Public Servant Emerging Leaders Program, and Santa Fe Chamber of Commerce's Leadership Santa Fe.

 $\label{lem:contact:formation} \textbf{For more information and to register, contact:}$ 

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